



Dowfold House

The Breakfast Menu



Served between 7.30 – 9.30am

Gluten-free options

Please tell us in advance if you are gluten-free, and what you'd like, as otherwise not all options may be available

A selection of fresh and/or stewed fruits, according to the season

A variety of yoghurts

Gluten-free Cereals

Gluten-free Porridge

Fruit juices

Egg(s), however you want them

Gluten-free Sausages

Bacon

Tomato

Mushrooms

Gluten-free Black pudding

Gluten-free Potato bread

Baked beans – Heinz of course!

Kippers, served with brown bread & butter/non-dairy spread and wedges of lemon

Smoked salmon, with scrambled eggs – a combination made in heaven...

Gluten-free pancakes

Home-made gluten-free toast and home-made preserves